Lip Blush / Neutralization Pre-Care:

Lip/Skin Pre-Treatment Preparation: To perform the permanent makeup procedures on the lips, the skin of your lips cannot be dry. **If they are dry, we will need to reschedule, and you will forfeit your deposit.** The lips must be hydrated and moisturized on the day of your appointment. It is MANDATORY that all clients begin a daily lip prep regiment 3 to 5 days before your scheduled appointment to ensure your lips are properly prepared. For the week leading up to the appointment you must moisturize your lips as much as possible (example: Aquaphor).

Please come to your appointment with a makeup free face (no foundation, blush, mascara, etc.) regardless of the treatment area.

1 Week before your appointment:

· Avoid: Alcohol, excessive caffeine, lip sticks, and extreme sun exposure.

· Drink plenty of water daily.

· Aquaphor, Vitamin E, or coconut oil should be applied throughout the day.

· After showering or washing your face in the evening, when lips are soft and supple, gently scrub your lips using a lip scrub, especially the middle, and apply a layer of one of the moisturizers listed above (I prefer Aquaphor).

· Please do not take any blood thinners such as Ibuprofen and/or Aspirin 24 hours before your appointment. Tylenol can be taken 30 minutes before your treatment without any contraindications.

· Stop any retinol products in the treatment area.

**\*IMPORTANT\***

Cold sores are a risk of lip blush tattoo. If you have had a cold sore in the past, we advise you to go to the doctor for an anti-viral medication (ex. Acyclovir or Valtrex) prior to any lip procedure, to help avoid an outbreak. Even if you have not had a cold sore before, I recommend that all of my clients take l-lysine for 2 weeks before the appointment and 2 weeks following the appointment to reduce risk. please note that lip blush can only be done after 4 weeks from your most recent outbreak. The prescription does not guarantee you will not have an outbreak however it will greatly reduce the chances on occurs. All other questions or concerns should be discussed with a healthcare physician.

DIY LIP SCRUB: Mix 1 tablespoon of each, apply in a circular motion on lips to get rid of dry chapped lips. Repeat daily for 3-5 days before your lip blush or neutralization appointment.

· Brown sugar

· Honey

· Olive oil

ADDITIONAL INFORMATION:

· The skin should not be dry, chapped, or irritated on the day of the appointment. Lé Esthetics reserves the right to cancel your appointment if your lips are not in optimal condition for the treatment.

· You may swell; please make sure you don’t have anything important for the next 1-2 days after your visit (depends on the person).

· Do not tan or sunburned face.

· Do not consume caffeinated products 24 hours before the procedure.

· Do not consume alcohol 5 days before your procedure and 3 days after.

· Do not take Aspirin, Niacin, Vitamin E, or Ibuprofen 72 hours before the procedure.

· Avoid Chemical Peels & Laser treatment 1 months before your appointment.

· Lip Blush should not be performed until 6 weeks before/after having any fillers/injections.

Cleansing Days 1 and 2:

On the first evening and morning following your treatment, blot the treated area with the provided antiseptic wipes. On the day 2, blot or gently wipe the treated area two times, morning and evening ONLY with antiseptic wipes provided. You can also use the moisturizer or ointment provided to you as needed.

During those first 48 hours the treated area can ONLY be cleansed with the antiseptic wipes provided to you. No water or other cleansers of any kind can be used for any reason unless the product is provided by your permanent makeup artist.

IMPORTANT

It is normal to be excited about your new lips; however, do not touch, pick, peel, tamper, scratch, rub, injure or remove the peeling in any way, you will damage the color and affect the retention. Let the skin naturally go through the healing and recovery process by applying only the ointment provided.

A very thin layer of provided moisturizer / A&D ointment should be applied consistently throughout the day to the treatment area using a fresh Q-tip (do NOT use mineral oil, ChapStick brand, or any petroleum products such as Vaseline.) Applying too much ointment can lead to fading, so a thin layer goes a long way. This will keep the area moist and accelerate the healing process. Do not let the area dry out and crack, always keep it moist. Do not press or rub aggressively when applying ointment.

DURING THE NEXT 5 DAYS

· Your lips will feel dry, grainy, and may even have slight peeling

· Do not touch, bite, lick, peel, tamper, rub, injure or remove the peeling in any way, if you do, you will experience a loss of color.

· Do not let any sweat, water, lotion, soap, or makeup touch the treated area.

· Abstain from any physical activity that causes extreme sweating.

· Use a straw when drinking liquids; avoid biting into foods that might cause friction to the lips. No spicy food & drink colored, hot, or cold things through a straw,

· No foreign body fluids.

· Do not use any lipsticks or cosmetic on or near the treated area

DURING THE NEXT 14+ DAYS

· NO hot sauna, swimming pool, ocean, hot bath/shower, sun tanning, tanning salons, Vaseline, Neosporin, or any other petroleum-based products.

· NO massages, facials, waxing, threading, laser or skin treatments.

· DO NOT expose the area to unsanitary or dirty conditions.

· If you are a Dark Lip Neutralization client; even though lips are healed in 7-10 days, the treatment process may cause a temporary period of enhanced darkness. It can take up to 3 months for the color to settle (depends on the person).

30 DAYS

· Do not use products containing alcohol or products that contain glycolic, lactose, or fruit acids and avoid salt or saline on the treatment area.

· Avoid any injectables for 30 days.

· Avoid any prolonged sun exposure.

· Lips are a muscle and may require a touch-up session to complete the process of this procedure. Lips are unpredictable. Some clients will yield a very strong healed lip color while others will only heal with slight color uptake. This will vary on an individual basis. If you have sun damage, scar tissue (from injury or fever blister) and clients with implants may not have strong results. Hyperpigmentation can happen on any client without warning.

8-10 Week Touchups: Make this appointment before, during, or after you first treatment and put it in your calendar. You will be charged an additional amount if the follow up treatments are not within the 8-10 week time frame.